

Tommy Douglas SS e-Newsletter



4020 Major Mackenzie Drive West, Woodbridge, ON L4H 4E9

May 20, 2022



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Contact Us

Phone 289.342.0001

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tommy.douglas.ss@yrdsb.ca

Online

[School website](#)

 TDSS_YRDSB

 @tommydouglassmainoffice

Administration

Principal

[Sandra Sardone](#)

Vice Principals

[Tanya-Lynn Paul](#) (A-G)

[Elizabeth Sloan](#) (H--PAS)

[David Cashmore](#) (Pat-Z)

School Council

[Joe Giusto](#)

[Amir Bigloo](#)

Superintendent

[Bill Cober](#)

Trustee

[Dr. Elizabeth Sinclair](#)

Arts Fest 2022

Hey Titans Family! Tommy's first Arts Fest 2022 is just around the corner! Please remember to purchase your tickets in the atrium at lunch this week. For ONLY \$2 you will enjoy an afternoon of celebration of Art, Music, Drama, and Dance. An Arts pop-up shop will be set up in the atrium prior to the show for purchases of one-of-a-kind items. See you on May 26th from 3:30 - 6:00.





School News

Extended Absence Form

Regular attendance is closely connected to academic success and we expect that students will attend school every day except in the case of illness. However, we understand that there may be circumstances when it is necessary for students to be away from school for family or personal reasons. If a student will be absent for an extended period of time he/she must consult with their teachers, prior to the absence to

- Pick up a 'green' extended absence form from the main office
- Understand the potential impact of the extended absence on learning;
- Identify missed learning goals and assessments;
- Create a plan to complete missed work identified by the teacher. The student is responsible for catching up on all missed work during their absence;
- Schedule a time to complete/submit missed assessments upon return.
- Parents to sign off on the plan

After this has been documented, parents must review and sign the plan to indicate that they understand the **potential impacts** of the student absence, are aware of the student's plan to catch up on missed work and will support the student to complete all missed work in the agreed timelines. Further extensions for missed assessment, beyond those agreed to on the back of this form, will not be provided.

After signing the form, please return it to one of the Vice-Principals who may follow up with a phone call. The form should be returned at least a week before the first day of absences. A copy of the form will be made for our records and the original will be returned to the student.

Absences longer than **15 consecutive days** require additional documentation and procedures in accordance with Board Procedure #NP 681.0. Failure to follow these procedures will lead to a student being removed from the school's register. In these circumstances, please speak directly to an administrator prior to completion of the form. A phone call or meeting with a VP is necessary in these circumstances. Also, accessing remote learning will NOT be an option unless it is a Covid related absence. If in doubt, please call the school and speak to a Vice Principal regarding the extended absence.

Important Dates

Monday, May 23rd

- ❑ Victoria Day - No School

Thursday, May 26th

- ❑ PISA for selected Grade 10 students in Library
- ❑ Arts Night 4-6pm

Tuesday, May 31st

- ❑ Student Council Elections

Wednesday, June 8th

- ❑ Grad Tea

Thursday, June 9th

- ❑ Life After Grade 8

Tuesday, June 14th and Wednesday, June 15th

- ❑ Grade 9 EQAO Math

Helpful Links

PUBLIC HEALTH LINKS:

york.ca/safeatschool

CARING & SAFE SCHOOLS:

[Kids Help Phone](#)
[Report It \(YRDSB\)](#)

SUPPORTING MENTAL HEALTH AND WELL-BEING:

**Crisis Mental Health Supports for
Students:**

[310-COPE](#): 905-310-COPE (2673)
or 1-855-310-COPE (2673) -
available 24/7

[KidsHelpPhone](#): 1-800-668-6868,
text 686868 - available 24/7



YRDSB Student and Family Surveys

We will be inviting all students in Grades 7-12 and all families of students in Grades K-12 to participate in the 2021-22 YRDSB Student and Family Surveys between June 1-30, 2022. Surveys will be available online and will take approximately 20 minutes to complete.

The surveys will provide the Board and our schools with valuable information about the learning experiences of students and families this year. Results will be used to guide Board and school planning to support student achievement and well-being.

Students and families will be invited to complete their respective surveys by email. Families who do not want their child(ren) to be sent an invitation to participate in the survey may contact Research Services at research.services@yrdsb.ca no later than **May 26, 2022**. For your convenience, copies of the surveys are available on the Board website. The Family Survey will be available online in:

- Arabic
- Chinese (simplified)
- Chinese (traditional)
- Farsi
- Gujarati
- Hebrew
- Korean
- Punjabi
- Russian
- Tamil
- Turkish
- Urdu
- Vietnamese

As our first partners in education, we value input from families and encourage parents/guardians to complete the survey. The information provided will be anonymous and kept in strict accordance with all relevant legislation. Survey results will remain confidential and will be collated along with the responses of all students and all families in the form of a summary report (i.e., individual responses will not be reported, only grouped data will be reported).

Please contact Research Services at research.services@yrdsb.ca if you have any questions or visit the [Board website](#) to learn more.

**Parent / Student
Engagement
Evening
Grades 7 - 12**

**REGISTER
HERE**

CAREERS IN THE TRADES

**WITH DR. JON
CALLEGHER FROM
JOBTALKS**

**Virtual presentation
followed by a student
panel and Q&A.**



**Learn about the
Skilled Trades
and
Apprenticeship;
a First Choice
Pathway!**



**June 2nd, 2022
6:30pm - 8:30pm
Virtual Link to follow**

YRDSB Seeks Parent, Family and Community Engagement Advisory Committee Members

Aurora, ON York Region District School Board is accepting applications for membership on the Board's [Parent, Family and Community Engagement Advisory Committee \(PEAC\)](#).

PEAC supports, encourages and enhances parent engagement at the Board level in order to improve student achievement and well-being. It represents the collective voice of parents who have children attending public schools in York Region.

Interested parents/guardians and community members are invited to submit an [online application form](#) by **June 15, 2022** or can request a copy of the form by emailing leadership.development.engagement@yrdsb.ca or calling 905-727-0022 ext. 3650.

PEAC members are expected to attend a minimum of five meetings each year. The first meeting date for the new membership is December 1, 2022, which is a joint meeting with our Equity and Inclusivity Advisory Committee (EIAC).

Information Session

Interested applicants are invited to attend a virtual information session to [learn more](#) about this parent engagement opportunity.

Date and Time	Registration Information
Wednesday, May 25, 2022 7:30 p.m. - 8:30 p.m.	<ul style="list-style-type: none"><li data-bbox="521 1350 943 1381">● Online virtual registration link
<p>Instructions on: How to access the virtual meeting link.</p> <p><i>A recording of this information session will be available on the PEAC webpage.</i></p>	

More information is available on the [YRDSB Parent, Family and Community Engagement Advisory Committee webpage](#).

Got Pandemic Pain?

Introduce Yogic home remedies into your wellness routine

Covid-19 continues to impact our lives. As such, we may find ourselves facing challenges that can be both stressful and overwhelming. Stress negatively affects our physical, emotional, mental and social well-being.

Yogic remedies lead to lifestyle choices that can bring one towards a state of inner peace!

This session in **Tamil** will provide information about:

- ★ Healthy eating - how to eat like a YOGI
- ★ Positive thinking - how to think like a YOGI
- ★ Proper breathing - how to breathe like a YOGI
- ★ Practice healthy relationships (social guidelines) - Love like a YOGI
- ★ Practice poses - (physical) how to be fit like a YOGI
- ★ Practice deeper awareness - how to meditate like a YOGI
- ★ Proper resting - Sleep like a YOGI

Register for this session in Tamil:

[இங்கே அடித்தி பதிவு செய்யவும்](#)

This event is for Students, Parents, Grandparents and Caregivers!

Join us to learn and share with your community.

Date: Wednesday June 8, 2022

Time: 6:30 p.m - 8:00 p.m.

Location: Zoom Link will be provided

Presenter: Suba Nagulanathan

Experienced Registered Yoga Teacher
M.Sc in Yoga, YKT, YACEP, E-RYT 200



For more Information, please contact:

Nageswary Srikumaraguru

Community & Partnership Developer

nageswary.srikumaraguru@yrdsb.ca

This free information session is brought to you by Inclusive School and Community Services of the YRDSB.



Mental Health Support in Light of War in Ukraine and Global Conflicts 2022

In light of the current war in Ukraine and our ongoing commitment to the Student Well-Being and Mental Health goals outlined in the [Director's Action Plan \(DAP\)](#), the York Region District School Board School Psychology and Social Work staff have collaborated with [CRES](#) Partner, [COSTI Immigrant Services](#) to offer three supportive mental health gatherings for parents/caregivers, students grades 6-8, and students grades 9-12.

The Series: YRDSB in Collaboration with COSTI: Mental Health Event for Families and Youth in Light of the War in Ukraine: An evening to “Acknowledge – Bridge- and Connect” During Global Conflicts.

The events are open to all parents, caregivers, and families acknowledging that we all may have different experiences in relation to the war in Ukraine. For some it may be very personal, and for others with similar lived experiences, it may also be emotionally impactful. At the events, families will hear about common reactions to stress and trauma as well as potential ways to cope and support their mental health and their child using the ABCs (i.e., Acknowledge, Bridge, Connection) of Mental Health. Youth will hear about common reactions to stress and trauma as well as potential ways to cope and support their mental health using the ABCs of Mental Health. Each event will end with a brief panel discussion responding to pre-submitted participant questions found in the [registration form](#).

After School and Evening Event Dates and Times:

Students Grades 6-8 Virtual session: May 24, 2022, 4:00-5:00 pm

Students Grades 9-12 Virtual session: May 30, 2022, 4:00-5:00 pm

Parent/Caregiver Virtual Session: June, 1, 2022, 6:30-7:30 pm

[REGISTER HERE](#)

Registration closes May 23, 2022. The virtual meeting link will be shared with registrants closer to the date.

For more information please contact:

Patricia Marra-Stapleton, Mental Health Lead, patricia.marra-stapleton@yrdsb.ca.

Dr. Sue Ball, Chief of Psychological Services sue.ball@yrdsb.ca, or

Teresa Riccitelli Interim Chief of Social Work and Attendance Services, teresa.riccitelli@yrdsb.ca

You may also wish to visit our [YRDSB Mental Health Resources Page](#)



YORK REGIONAL POLICE

COMMUNITY SAFETY VILLAGE CAMPS 2022



Camp Objective

- The goal of the camp is to provide a fun environment where students can learn how healthy lifestyle choices can impact them today and in the future. The camp includes interactive workshops and games, sports activities facilitated by police officers, tri-services representatives, CSV educators and camp leaders. The Summer Camp is hosted at the Community Safety Village of York Region located at:
 - 3291 Stouffville Road, in the Bruce's Mill Conservation Area

Camp Descriptions

Tri – Service Camps (Currently in Grade 3 or Grade 4- camp week of July 4th) **** (Currently in Grade 6, 7 or Grade 8 – camp week of July 25th)**

- Various tri-services programs and interactive safety activities will be run during this time. These programs are overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and summer students. The program will be both inside and outdoors in our outdoor Pavilion. Campers will learn about the tri-service Police, Fire and Paramedic and their role in the community as well learning through interactive games new skills. Activities include:
 - Junior Detective Investigative Hunt
 - Bicycle Safety
 - Internet Safety
 - Healthy Lifestyle Habits
 - Emergency Preparedness and others – TBD.

Super Hero United/Unity (Currently in Grade 5 or Grade 6) Week of July 11

- Campers will be introduced to the York Regional Police Super Hero – Unity and Unity. They will get to visit their Headquarters and learn what traits we all possess to be our own super hero. This camp is very hands on and campers will be involved in the design of their own super hero. This program is overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and Summer Students.

Like Me First Camp (Currently in Grade 6 or Grade 7) Week of July 18

- This camp is for youth to continue to build self-esteem, self-awareness and self-confidence. The “Like Me First” program will speak to how young people view and treat themselves. The purpose is to help our youth become resilient and make positive choices, while also developing self-esteem and positive friendships. The topics that we will be addressing include: building self-esteem, mindfulness, meditation, coping techniques, developing positive self-worth through self-care, and self-image (discussing the positive and negative impacts of social media). Ultimately, our hope is that this program will help to develop self-love and a lifelong impact for our youth.

Teen Police Academy (Currently in High School) Week of August 8

- This program is 5 days of learning and experiences to assist students in focusing on their education and career goals, enhance leadership skills and enable students to get to know themselves – strengths as well as areas to work on. Meet other like-minded students with similar goals while interacting and working with Officers and Civilians receiving positive mentoring.

Leo McArthur Leadership Academy (Currently in High School) Week of August 15

- As with Teen Police Academy youth will have 5 days of learning and experiences to assist students in focusing on their education and career goals, enhance and further develop leadership skills and enable students to get to know themselves – strengths as well as areas to work on. Meet other like-minded students with similar goals while interacting and working with Officers and Civilians receiving positive mentoring.

High School Prep Camp (Currently in Grade 8) Week of August 22

- The Community Safety Village welcomes youth who are graduating grade 8 and heading into High school to join us for 5 days to prepare for the transition. This camp will provide an interactive look at topics like Tobacco / vaping, mental health wellness, resume writing with a mock job interview. Lessons on Safe Social Media as well as Drinking and Drugs. We will invite guest speakers and there will be many interactive team building activities. This program is overseen by York Regional Police Officers, Youth in Policing students as well as CSV Educators and Summer Students.

If you are interested in any of the camps please email csv@yrp.ca for an application form.

***The ultimate goal for all of our camps is interactive learning,
lots of fun and a lifetime of memories!!!***